

Our Team



Prof Dame Caroline Watkins



Prof Liz Lightbody



Prof Maree Hackett



Dr Steph Jones



Dr Rachel Stockley



Dr Emma Bray



Dr Kathryn Jarvis



Dr Liz Boaden



Dr Clare Thetford



Dr Clare Gordon



Dr Mal Auton



Colette Miller



Dr Danielle Christian



Kulsum Patel



Dr Freja Petrie



Jo Weldon



Dr Yasemin Hirst



Nicola Gaskins



Helen Gooch

Honorary Stroke Team

Prof Deborah
Lowe, Wirral
University
Teaching Hospital
NHS Foundation
Trust

Prof Ailsa
Brotherton,
Lancashire
Teaching Hospitals
NHS Foundation
Trust

Associate Prof
Abhijit Das,
Lancashire Teaching
Hospitals NHS
Foundation Trust

Ass. Prof Jatinder
Minhas, University
of Leicester

Professor
Dominique
Cadilhac,
Melbourne
University

Professor Sandy
Middleton,
Australian Catholic
University

Professor Anne
Alexandrov,
University of
Tennessee Health
Science Center

Professor Jeyaraj
Pandian, Christian
Medical College,
India

Professor
Srivastava M.V.
Padma, All India
Institute of
Medical Sciences,
India

Professor PN
Sylaja,
Comprehensive
Stroke Care
Program, India

Ranjit Injeti,
University of
Leicester and
Christian Medical
College, India

Stroke Research



Prevention

Diagnostic pathways

Adherence / persistence

Lifestyle change



Education (&Workforce)

Educational Frameworks

Capacity Building / Internships

INSIGHT



Acute Care

Care Bundles

NG placement

Mouthcare

End of Life Care



Rehabilitation

Digital

Apps/ On-line

Medtech devices

Continance promotion



Long term Care

Psychological adjustment

Life and Leisure

Emotionalism

Patient's Concerns

Altered consistency drinks



Service Users

Last but not least

Heart of everything we do

Equality, diversity and inclusion

STROLLERS

STROke, Life and LeisurE Research Survey

Stroke Research Team/CTU

Funder

NIHR
Senior Investigator Award

Duration

01.10.2017



01.10.2020

PARALLEL

PARticipation And engagement in Life and LEisure activities foLLowing stroke (PARALLEL): developing of a complex intervention

Dr Kathryn Jarvis

Funder

NIHR
*ARC NWC Mental Health Early Career
Researcher Development Fellowship*

Duration

01.03.2023



01.03.2024

DARE

Delivering the digital ambition: Exploring how we can design, implement and evaluate digital technologies in healthcare

Dr Rachel Stockley

Funder

United Kingdom Research and
Innovation (UKRI)
Future Leaders Fellowship (FLF)

Duration

01.06.2021



31.15.2028

VERA

Acceptability and feasibility of using the Virtual Engagement Rehabilitation Assistant (VERA) for community-based neurological rehabilitation

Dr Rachel Stockley

Funder

NIHR
Health Technology Assessment (HTA)

Duration

01.02.2024



01.07.2026

ID-Stroke

Identification of Stroke aetiology to Reduce ReOccurrence of stroke and vascular Events

Dr Clare Gordon

Funder

The Burdett Trust for Nursing
Cerebrovascular Accident - Stroke

Duration

01.09.2024



31.08.2025

MERITS

MEntal practice for the RehabilLiTation of the upper limb in acute Stroke: a feasibility randomised controlled trial with process evaluation

Dr Rachel Stockley

Funder

NIHR

*RfPB Under-represented disciplines
and specialisms highlight notice:
Allied Health*

Duration

01.09.2025



01.05.2027

ICONS III

Incontinence Options After Stroke III

Dr Clare Gordon

Funder

BIASP NIHR RDN Stroke
*Portfolio Development Writing Group
Funding 2024*

Duration

01.01.2025



31.12.2025

REPOSS

Recognition of Early P_Ost-Stroke Seizures

Dr Clare Gordon

Funder

BIASP NIHR RDN Stroke
*Portfolio Development Writing Group
Funding 2024*

Duration

01.01.2025



31.12.2025

PREPARE

imPRoving End-of-life care Practice in stroke cARE

Professor Liz Lightbody

Funder

NIHR
*Programme Grants for Applied
Research (PGfAR)*

Duration

01.09.2025



01.11.2030

FLiP

Facilitating Leisure Participation (FLiP) after stroke: co-creation of a complex intervention

Dr Kathryn Jarvis

Funder

Royal College of Occupational
Therapists
Advancing the Evidence

Duration

01.09.2025



To be determined

Applied Health Research hub

Applied Health Research hub (AHRh) Structure – Feb 2025

Director of AHRh
Professor Dame Caroline Watkins – 0.2 FTE

Research Design and Statistical Support (RDSS)

Health Technology Assessment (HTA) Unit

Synthesis, Economic Evaluation and Decision Science (SEEDS) Group
Professor Andrew Clegg

Dr Valerio Benedetto - sec
Dr Alison Doherty – 0.8 FTE
Joanna Harrison – 0.8 FTE sec
James Hill – sec
Cath Harris

Implementation and Capacity building Team (IMPACT)
Professor Dame Caroline Watkins

Dr Kathryn Berzins
Dr Yas Hirst
Dr Scott Lamont
Dr Julie Cook – 0.3 FTE sec (also 0.5 FTE in RFDU)
Dr Becca Jefferson – 0.6 FTE (1 FTE from 1.10.2024)
Colette Miller – 0.8 FTE sec (also 0.2 FTE in Stroke Research Team, SoNM)
Dr Danielle Christian
Nicola Gaskins – 0.1 FTE
Hayley Lowther-Payne – 0.17 FTE (6 hrs/week) (0.6 FTE from 1.09.2024)

Research Associate – In Recruitment

Lancashire Clinical Trials Unit (CTU)

Director: Professor Dame Caroline Watkins
Deputy Director (Statistics): Reader Dr Gordon Prescott
Professor of Clinical Trials: Professor Chris Sutton

Trials Management and Monitoring
Matthew Burns

Samantha Eccles
Mash Sharif
Joanna Peel
Dr Egle Saviciute
Jennifer Edwards
Alison Gibbon - sec
Alan Smith – sec
Sukanya Dutta

Data Management
Professor Dame Caroline Watkins

Amelia Blow
Alison Hadley
Laura Salisbury
Jacqui Manley
Katelin Ashmore

Statistics
Reader Dr Gordon Prescott

Dr Ting-Li Su
Dr Svetlana Tishkovskaya – 0.7 FTE
Chris Brown
Ben Anastasi

Information Systems
Professor Dame Caroline Watkins

Jacob Bretherick
Monica Philip

Business & Operations Management
Professor Dame Caroline Watkins

Helen Oates

Quality and Training
Professor Dame Caroline Watkins

Dr Mike Farrell – 0.6 FTE

Research Facilitation and Delivery Unit (RFDU)

Academic
Dr Julie Cook – 0.8 FTE

Dr Neil Wilson
Paul Boland
Georgia Aspinall
Lucy Cross – 0.4 FTE
Aasima Patel

Administrative
Dr Kateryna McDonald
Simone Finley

Ethan Farrell
Ellie Smith – 0.8 FTE
Isla Livesey
Kate Wilson

Lancashire Clinical Trials Unit



Confirming the Mechanism of Motivational Interviewing Therapy after Stroke

Working together towards recovery

Funder: NIHR CLAHRC NWC, NIHR Senior Investigator Award & UCLan

Sponsor: University of Central Lancashire (UCLan)

Chief Investigator: Prof Liz Lightbody

Collaborators:

- Lancashire Clinical Trials Unit (UCLan)
- Stroke Research Team (UCLan)
- 18 hospitals sites



Should we use post-operative antibiotics to prevent surgical site infections (SSIs) following surgery for patients with mandible fractures?

a Phase III, non-inferiority, non-blinded, pragmatic Randomized Controlled Trial

Funder: NIHR Research HTA
Sponsor: East Lancashire Teaching Hospitals NHS Trust

Chief Investigators: Prof Panos Kyzas (ELHT) & Prof Gavin Barlow (York)

Collaborators:

- Lancashire Clinical Trials Unit, UCLan
- Health Technology Assessment unit, UCLan
- Oxford, MTREC and others
- 26 hospital sites



Use of the Stroke Patient Concerns Inventory (SPaCIS) in stroke outpatients clinics: A feasibility cluster randomised controlled trial

Funder: NIHR RfPB

Sponsor: University of Central Lancashire (UCLan)

Chief Investigators: Kulsum Patel & Prof Liz Lightbody

Collaborators:

- Lancashire Clinical Trials Unit, UCLan
- Stroke Research Team, UCLan
- HTA Seeds, UCLan
- NIHR ARC IMPaCT, UCLan
- Wirral University Teaching Hospital NHS Foundation Trust
- University of Nottingham
- Patient representative
- NHS Trusts: 4 hospital sites



A pragmatic, multi-centre, cluster randomised trial of an integrated care pathway with a nested, Phase III, open label, adaptive platform randomised drug trial in individuals with Long COVID

Funder: NIHR, Perspectum

Sponsor: University College London

Chief Investigator: Professor Amitava Banerjee (University College London)

Collaborators:

- Lancashire Clinical Trials Unit, UCLan
- HTA Seeds, UCLan
- Living With
- The Francis Crick Institute
- 12 NHS trusts