



Using technology to support independence at home

Would you be interested in getting involved in our research?

We would like to invite people who are 65 years or older and live at home to try out a system called **OKEachDay** to support people to stay independent, and remain living at home.



What will happen if I take part?

- You will be provided with a unique OKEachDay touchscreen
- You will be assigned randomly to use OKEachDay for 8 weeks either straight away, or in 3 months' time
- You will have the opportunity to discuss the study and ask questions
- You will be asked to complete questionnaires with a researcher at the start of the study and then 3 months after the initial call



How OKEachDay works:

- The OKEachDay team will set you up with a device with an 'OK' button on it. You press the 'OK' button daily at a time that suits you
- If you do not press your OK button – a friendly member of the OKEachDay team will call you to ask how you are
- If after several attempts they can't get hold of you, the OKEachDay team will then notify friends or family you've nominated
- In some cases, the OKEachDay team will inform the emergency services if they think it's necessary



If you are interested in hearing more, please contact:

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