Collaboration for Leadership in Applied Health Research and Care North West Coast - CLAHRC NWC





Readmission- Why do patients keep coming back?

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Background

Hospital readmissions can negatively impact cost and patient outcomes (1). The study undertaken has considered the factors affecting patient's readmissions following a period of rehabilitation at Clifton Hospital in Lytham St Annes. Clifton is part of the Blackpool Teaching Hospitals Trust and is situated on the Fylde Coast. It is a community hospital that provides sub-acute care for the older person and those living with long term conditions. Patients are admitted here usually after an inpatient stay in the acute hospital at Blackpool Victoria. After a period of rehabilitation patients will be discharged home with social care support or to original support. Although the readmission rate is often presented as a measure of the performance of hospitals; it is also an indicator of the performance of an integrated health care system. (2)

Aim

- To gain a better understanding of why patients are readmitted after 30 days and who is most at risk.
- Exploring ideas on how service improvement and advances in clinical proactive can be best facilitated between Clifton Hospital and patients being discharged home.

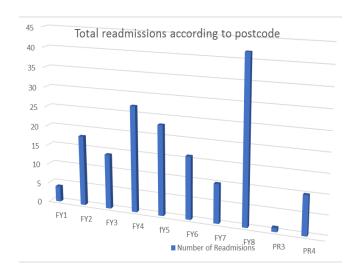
Methodology

This study aims to invite up to 20 NHS health professionals working with patients with the patients in the rehabilitation setting and those working in the acute sector on readmission.

Participants will take part in an initial semistructured interview with the researcher exploring their views and opinions on why they have been readmitted.

Some participants will then be invited to take part in a focus group to explore in more detail how clinical practice may best be improved.

Anonymised data has been gained from the coding team from HISS and Pas and summarised according to postcode to demonstrate any present health inequalities.



References

- (1) Holly C Felix, Fay W.Boozman College of Public Health. University of Arkanzas for Medical Sciences Published in Social Work Healthcare 2015; 54 (1) 1-15
- (2) Readmissions: a primary care examination of reasons for readmission of older people and possible readmission risk factors. Dobrzanska, L. Newell, R. Journal of Nursing May 2006; vol 15 (no 5); p599-606

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