

**Health and Care across the Life Course Theme**

**Thursday 27th February 2020**

**2pm – 4pm**

**LACE Conference Centre, Liverpool**

**Theme Lead: Professor Mark Gabbay**

**Minutes**

**Present:**

Mark Gabbay	Chair, University of Liverpool, Director and HACAL Theme Lead
Kath Abba	University of Liverpool
Joanne Adair	North West Boroughs
Kath Allison	University Hospitals of Morecambe Bay NHS Foundation Trust
John Carroll	Public Advisor
Andy Clegg	University of Central Lancashire, MIDAS Theme Lead
Terry Comerford	Public Advisor
Alison Doherty	University of Central Lancashire
Paola Dey	Edge Hill University
Chris Edwards	Liverpool John Moores University
Ron Farrington	Public Advisor
Lucy Frith	Public Involvement Lead ARC NWC
Clarissa Giebel	University of Liverpool
Nadja van Ginneken	University of Liverpool / GP
Alan Griffiths	Public Advisor
Shaima Hassan	CLAHRC legacy
James Hill	UCLan
Sujeet Jaydeokar	Consultant Psychiatrist, Psychiatry of Intellectual Disabilities, Cheshire & Wirral Partnership NHS Foundation Trust
Lucy Jones	University of Liverpool
Neil Joseph	Public Advisor
Andy Kerr	NHS Liverpool Clinical Commissioning Group
Carol Kingdon	University of Central Lancashire
Cecil Kullu	Consultant Psychiatrist Mersey Care NHS Foundation Trust
Iliana Makri	Active Lancashire
Stephen Mason	University of Liverpool / Palliative Care Institute
Pat Mottram	Cheshire & Wirral Partnership NHS Foundation Trust
Matthew Reeves	Sport and Health Sciences, UCLan
Joe Rylands	University of Liverpool
Liz Sharpe	Public Advisor
Sandra Smith	Public Advisor

Mo Thomas  
Catherine Walshe

Public Advisor  
Lancaster University, EPHC Theme Lead

### **Welcome and Introductions**

From theme lead Professor Mark Gabbay. MG explained how the theme has changed; now a research theme covering transition stages and how care needs to adapt and change throughout the lifespan.

Indicated eight national cross-ARC priorities with all ARCs asked to submit bids to either lead or collaborate:

- Mental health
- Adult social care and social work
- Prevention including behavioural risk factors
- Multimorbidity
- Health and care inequalities
- Person centred integrated care
- Healthy ageing
- Children's health and maternity

During the first 6 months stakeholders will come together to consider the problem, with researchers looking for the best evidence to pull together deliverable implementation projects. Work anticipated to start spring 2020.

### **Sarah Rodgers (Care and Health Informatics (CHI) Theme Lead)**

SR provided an update on the CHI theme referring to the longitudinal area data set, which includes, for example, indicators to look at reasons for admission to hospital and help derive research questions. SR referred to a change in service introduced in Knowsley in 2010 which reduced emergency admission rates; this can be linked to CCG-held social data. Two lead advisers identified to be involved in Big Data drive to inform/educate as to what data science is. Anyone wishing to find out more can contact the ARC NWC Health Informatics Team or Sarah via: [arcnwc@liverpool.ac.uk](mailto:arcnwc@liverpool.ac.uk)

### **Sujeet Jaokker – Consultant Psychiatrist Cheshire and Wirral Partnership and Clinical Director for Autism Neurodevelopmental Disorders and Intellectual Disability**

SJ presented on physical health for those with learning disabilities and development of a tool: the Learning Disabilities Mortality Review (LeDeR) programme. Reviews taking place around deaths of those with learning disabilities and what could be done around preventable death. Those with learning disabilities are at higher risk. Review of issues systematically; accuracy of recording, no policies for specialist referrals. One single solution not enough, need to find a more proactive route. Number of focus

groups set up consisting of frontline clinicians and professionals; there is considerable interest to implement nationally. Tool undergoing development to systematically identify those at risk of preventable death. The aim is to both implement and evaluate outcomes; this needs support. Also anticipated that, with ARC NWC, could work towards an NIHR funding application (possibly an RfPB (Research for Patient Benefit)).

## **Discussion**

Table discussion around work towards a research grant for validation tool. Could ARC NWC offer assistance to develop the proposal? Reflections on presentation; do we believe is this something that we as an ARC want to prioritise? General interest in the tool as the LD population is often excluded from services and research and could impact on the quality of care. Next step for Scoping Form to be forwarded to Members for prioritisation.

Three proposals (scoping forms) were presented at HACAL theme meeting 20<sup>th</sup> November 2019; these were subsequently reviewed by ARC NWC Members for prioritisation December 2019/January 2020. Update/further information:

- a) **Systematic review around HIV and TB medication** (Cochrane Review) – Joe Rylands – this is going ahead.
  
- b) **Serious Illness Care** – Stephen Mason. SM presented on care to meet needs of those with life limiting illness; the presentation included a patient story emphasizing how conversations make a difference. Oncologists have found guide helpful with useful feedback. Discussion around is this tool ready to be implemented? Or is there a need for further research, with evaluation, and consider external funding? There is an improved quality of service and experience for all involved.
  
- c) **Social Prescribing in the NWC Progress since 2019 - Nadja van Ginneken**

Following the meeting on 20<sup>th</sup> November 2019, further discussions have taken place with activity being analysed in Lancashire. Adele Ring, Shaima Hassan, Nadja van Ginneken, Katharine Abba and Mark Goodall have set up a working group. A preliminary report details information gleaned from eight CLAHRC projects that included social prescribing. A survey has been issued to ARC members to help inform content for a Knowledge Exchange planned for spring 2020. This survey has been sent out as a baseline; it is hoped to send this out again in 2 years. NvG and KA have funding through NIHR Research Capacity Funding and plan to carry out interviews with GPs, link workers and social prescribing managers and review what works for developing social prescribing in primary care.

Social prescribing goes across multiple ARC research themes and may call on MIDAS for technical support; the plan is to form cohesive research collaborations. Knowledge Exchange event is planned to take place at the Gujarat Centre, Preston on 29<sup>th</sup> April 2020. Barriers to undertaking research into social prescribing. NvG discussed scoping ideas; advised that a systematic review has started and is asking for support for statistical analysis. Part of model is about motivating people to access services. What is the evidence around psychological motivation to access these services? Discussion around the need for a systematic review, ideas for future social prescribing research and views around the key components to inform research proposals.

Prof Gabbay thanked all for attendance and contribution.

Meeting closed.