Local Economic Strategies and Health and Inequality Liverpool City Region Wealth and Wellbeing Programme

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#### Health and work cycle



A healthy and happy workforce has synergistic benefits for:



workplaces



productivity



the economy

# The challenge: Health and Productivity

HEALTH IS POORER IN THE LCR



1 IN 4 PEOPLE OF WORKING AGE HAVE A LIMITING HEALTH CONDITION

LIFE EXPECTANCY 2.5 YEARS LESS

PRODUCTIVITY IS POORER



GVA PER HEAD ~ £6000 LESS THAN THE NATIONAL AVERAGE

**WAGES 6% LOWER** 

POOR HEALTH IS HARMING PRODUCTIVITY



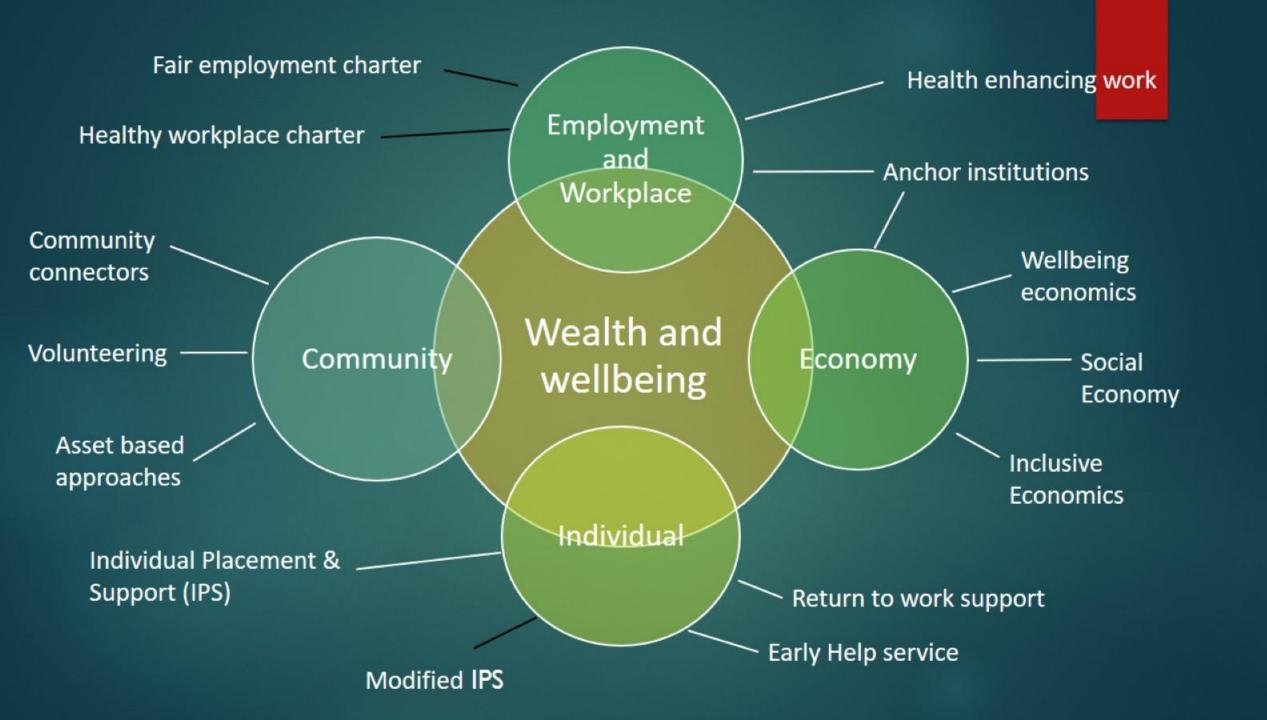
33% OF PRODUCTIVITY GAP IS DUE TO ILL-HEALTH

£3.2bn GVA



# System connection Workshops

- 6 Themes
- Creating connections across the region
- Sharing of ideas
- Making the case in a collaborative way



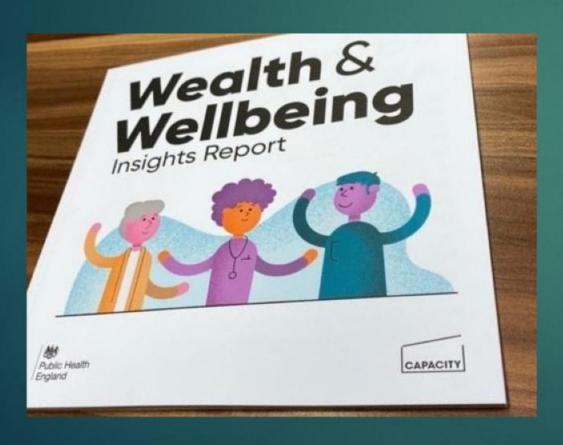
### It's the economy ....

- Your health is an important factor in whether you can get a good job and keep that job and, in turn, having a good job is good for your health. This also works for communities and larger populations.
- Also, the health and sense of satisfaction of the workforce is important for how well a business or organisation performs economically.
- Given this we all have an interest in the way that we think about and run and plan how the economy should work.

## Overall message

An economy that functions effectively for everyone is better for health and wellbeing and a population with better health and wellbeing is better for an effective and fair economy.

# The voice of people in general and specifically with health-related problems must be heard



#### Recommendations

- Expand the work on employment support programmes across LCR with a focus on mental health based upon learning from existing programmes, national pilots and funded evaluation of local work.
- Develop our understanding of wellbeing economics by engaging with communities in developing indicators, what it means in practice and how it is different from traditional approaches to economic planning
- Build a platform for health enhancing work as a model for employment and the workplace and establish the virtuous circle of better work/better health/better economy.

### What next?

- Take the ideas on engagement into the work on wellbeing economics. Set up a programme to engage.
- Set up the actions on employment support programmes. Secure funding for pilot and evaluation work.
- Ensure the wealth and wellbeing ideas are prominent in the action planning of the LIS
- Align the wealth and wellbeing actions with the major programmes across LCR and Cheshire and Mersey.